

# Kent Summer Menu 2020



**Available Daily:**  
- Freshly cooked jacket potatoes with a choice of fillings (where advertised)  
- Bread freshly baked on site  
- Daily salad selection

**ALLERGY INFORMATION:**  
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Week One

20 Apr  
11 May  
8 Jun  
29 Jun

Option 1	50/50 Ham & Cheese Tomato Pizza with New Potatoes	BBQ Chicken with Rice	Roast Chicken served with Roast Potatoes & Gravy	Macaroni Cheese	MSC Battered Fish with Chips & Tomato Sauce
Option 2	50/50 Cheese & Tomato Pizza with New Potatoes	Five Bean Chilli with Rice	Lentil & Tomato Whirl with Roast Potatoes	Wholemeal Vegetable Pasta Bake (No Cheese)	Red Pepper & Cheese Frittata with Chips & Tomato Sauce
Vegetables	Sweetcorn Baked Beans	Mixed Vegetables	Carrot Cabbage	Broccoli Sweetcorn	Baked Beans Peas
Dessert	Apple Pie with Cream	Lemon Drizzle Cake	Jelly & Ice Cream/ Jelly & Cream for Severy	Chocolate & Orange Cake with Chocolate Sauce	Tutti Fruity Friday, Yoghurt

Or a choice of Yoghurt & Fresh Fruit available daily

### Week Two

27 Apr  
18 May  
15 Jun  
06 Jul

Option 1	Sausage Roll with Wedges	Minced Beef Pasta Bake	Roast Loin of Pork served with Roast New Potatoes & Gravy	Chicken Fajitas with Rice	MSC Fishfingers/ Salmon Fishfingers with Chips & Tomato Sauce
Option 2	Wholemeal Cheese & Tomato Quiche with Wedges	Potato and Courgette Layer Bake	Roast Quorn Fillet with Roast New Potatoes & Gravy	Vegetable & Bean Fajitas with Rice	Vegetable Sausage with Chips & Tomato Sauce
Vegetables	Baked Beans Peas	Sweetcorn Green Beans	Carrots Swede	Mixed Vegetables	Baked Beans Peas
Dessert	Mixed Fruit Crumble with Custard	Iced Sponge	Cheese, Apples & Biscuits	Orange & Lemon Shortbread	Tutti Fruity Friday, Yoghurt

Or a choice of Yoghurt & Fresh Fruit available daily

### Week Three

04 May  
01 Jun  
22 Jun  
13 Jul

Option 1	Beef Burger in a Bun with Oven Baked Wedges	Chicken Paella	Roast Turkey served with Roast Potatoes & Gravy	Beef Tortilla Stack with Garlic Bread	MSC Battered Fish with Chips & Tomato Sauce
Option 2	Quorn Burger in a Bun with Oven Baked Wedges	Vegetable Pasty with New Potato	Homity Pie (Spinach, Potato & Cheese) With Roast Potatoes & Gravy	Vegetarian Lasagne with Garlic Bread	Cheese & Pepper Pinwheel with Chips & Tomato Sauce
Vegetables	Sweetcorn Peas	Green Beans Carrot Sticks	Carrot Cabbage	Broccoli Sweetcorn	Baked Beans Peas
Dessert	Apple Flapjack	Marble Cake & Custard	Mandarins & Ice Cream / Shortbread & Mandarins for Severy	Orange Drizzle Cake	Tutti Fruity Friday, Yoghurt

Or a choice of Yoghurt & Fresh Fruit available daily